

52nd Sally Letson Symposium

September 11th, 2021
Virtual Symposium

Symposium Organizers

Chair: Deepinder K. Dhaliwal, MD, L.Ac
Co-Chair: Saama Sabeti, MD, MPH, FRCSC

Program Title:

Focusing In: Ophthalmology and Wellness Practice Pearls

Program Description:

The 52nd Sally Letson Symposium will consist of a full-day virtual program focused on clinical and surgical pearls in ophthalmology, with applications to both general and subspecialty practice. Part One of the program will review key concepts pertaining to cataract surgery, including preoperative planning and IOL selection, management of comorbidities presenting with cataract, intraoperative techniques applicable to standard and challenging cases, and postoperative management; as well as an overview of current technologies in the field of refractive surgery. Part Two of the program will cover high-yield subspecialty topics in Oculoplastics, Cornea and External Disease, Glaucoma, Neuro-Ophthalmology, Retina/Uveitis, and Pediatric Ophthalmology and Strabismus, highlighting key points relevant to the comprehensive ophthalmology practice. Guest speakers will include an esteemed cohort of experts in the vanguard of their respective fields who will guide attendees through current best practices in the diagnosis and management of important “conditions not to miss”. Special sessions will also be dedicated to physician well-being and prevention of burnout, aiming to empower physicians with effective tools to better care for themselves and their patients. Multiple high-yield educational formats, including didactic lectures, panel discussions, and case-based presentations, will be employed in a virtual environment that will encourage audience interaction and foster critical thinking.

Target Audience:

This symposium is designed for attendance by ophthalmologists, ophthalmology fellows and residents, optometrists, medical students, technologists, nurses, and other allied health professionals.

Program Learning Objectives:

At the end of the symposium, participants will be able to:

- Describe and learn to put into practice tools for self-healing and prevention of burnout
- Describe key considerations to be addressed during cataract surgery planning, and employ strategies for preventing and managing complications of cataract surgery
- Describe refractive surgery indications, decision-making strategies, and techniques
- Develop an approach to diagnosis and management of important “conditions not to miss” which are often first encountered in a comprehensive ophthalmology practice and require referral to subspecialty services

CanMEDS Roles: Health Advocate, Scholar

TIME (EST)	PRESENTATION TITLE	SPEAKER
9:45	Welcome	Kashif Baig
9:50	Introduction to conference	Deepinder K. Dhaliwal
9:55	Dedication to Dr. Brian Leonard	Kashif Baig

PHYSICIAN HEAL THYSELF

10:05	A. Gardner Watson Lecture: Physician well-being: Tools for preventing burnout	Mamta Gautam
10:45	Q&A	

CATARACT SURGERY - HITTING THE TARGET

Pre-operative Planning Pearls

10:50	IOL power calculation - My best tips for accuracy	Guillermo Rocha
11:05	Special considerations in the patient with corneal pathology	Mahshad Darvish
11:20	Correcting astigmatism during cataract surgery	Rosa Braga-Mele
11:35	Q&A	

11:45-12:15 BREAK

11:45-12:00 **Optional meditation session (during break)**

Surgical Pearls

12:15	Secrets to success for your everyday cataract surgery	Steve Safran
12:30	Complex cataract maneuvers that all surgeons can master	Speaker TBC
12:45	Approaching cataract surgery in the post-traumatic eye: cases and pearls	Georges Durr
1:00	Q&A	

Post-operative Management

1:10	Retinal complications post-cataract surgery - prevention and management	Michael Dollin
1:25	Bryan Liddy Lecture: The unhappy cataract patient: time to fix it!	Nicole Fram
1:45	Q&A	All panelists
1:50	What's new in refractive surgery	Kashif Baig

PHYSICIAN HEAL THYSELF

2:05	Sally Letson Lecture: Ergonomic Considerations in Ophthalmology	Deepinder K. Dhaliwal
2:25	Nutrition and weight training: Increasing focus and endurance	Rosa Braga-Mele

2:35-3:00 BREAK
 2:35-3:00 **Optional Yoga (during break)**

PEARL JAM - Subspecialty Pearls Applicable to the Comprehensive Ophthalmologist

3:00-3:30 OCULOPLASTICS

Oculoplastics Calibration: pearls to fine-tune diagnosis and management

Moderator: Michel Belliveau

Evan Kalin-Hajdu

Q&A / Panel Discussion

3:30-4:00 CORNEA AND EXTERNAL DISEASE

Moderator: Setareh Ziai

Q&A / Panel Discussion

4:00-4:30 GLAUCOMA

Moderator: Garfield Miller
 Balwantray Chauhan

Delan Jinapriya

Q&A / Panel Discussion

Devesh Varma

4:30-5:00 NEURO-OPHTHALMOLOGY

Cases you do NOT want to miss in Neuro-ophthalmology
 Q&A / Panel Discussion

Moderator: Danah Albreiki
 Rahul Sharma

5:00-5:30 PEDIATRICS/STRABISMUS

Moderator: Michael O'Connor
 Yi Ning Strube

Q&A / Panel Discussion

5:30-6:00 RETINA AND UVEITIS

OCT Tips and Pearls
 Q&A / Panel Discussion

Moderator: Adam McLaughlin

6:00 Closing Remarks

Kashif Baig

**Preliminary program schedule is subject to change*