

**52<sup>nd</sup> Sally Letson Symposium**

September 11th, 2021  
Virtual Symposium

**Symposium Organizers**

Chair: Deepinder K. Dhaliwal, MD, L.Ac  
Co-Chair: Saama Sabeti, MD, MPH, FRCSC

**Program Title:**

Focusing In: Ophthalmology and Wellness Practice Pearls

**Program Description:**

The 52<sup>nd</sup> Sally Letson Symposium will consist of a full-day virtual program focused on clinical and surgical pearls in ophthalmology, with applications to both general and subspecialty practice. Part One of the program will review key concepts pertaining to cataract surgery, including preoperative planning and IOL selection, management of comorbidities presenting with cataract, intraoperative techniques applicable to standard and challenging cases, and postoperative management; as well as an overview of current technologies in the field of refractive surgery. Part Two of the program will cover high-yield subspecialty topics in Oculoplastics, Cornea and External Disease, Glaucoma, Neuro-Ophthalmology, Retina/Uveitis, and Pediatric Ophthalmology and Strabismus, highlighting key points relevant to the comprehensive ophthalmology practice. Guest speakers will include an esteemed cohort of experts in the vanguard of their respective fields who will guide attendees through current best practices in the diagnosis and management of important “conditions not to miss”. Special sessions will also be dedicated to physician well-being and prevention of burnout, aiming to empower healthcare workers with effective tools to better care for themselves and their patients. Multiple high-yield educational formats, including didactic lectures, panel discussions, and case-based presentations, will be employed in a virtual environment that will encourage audience interaction and foster critical thinking.

**Target Audience:**

This symposium is designed for attendance by ophthalmologists, ophthalmology fellows and residents, optometrists, medical students, technicians, nurses, and other allied health professionals.

**Program Learning Objectives:**

At the end of the symposium, participants will be able to:

- Describe and learn to put into practice tools for self-healing and prevention of burnout
- Describe key considerations to be addressed during cataract surgery planning, and employ strategies for preventing and managing complications of cataract surgery
- Describe refractive surgery indications, decision-making strategies, and techniques
- Develop an approach to diagnosis and management of important “conditions not to miss” which are often first encountered in a comprehensive ophthalmology practice and require referral to subspecialty services

**CanMEDS Roles:** Health Advocate, Scholar

TIME (EST)	PRESENTATION TITLE	SPEAKER
9:45	Welcome	Kashif Baig
9:50	Introduction to conference	Deepinder K. Dhaliwal and Saama Sabeti
9:55	Dedication to Dr. Brian Leonard	Kashif Baig
	<b>PHYSICIAN HEAL THYSELF</b>	
10:05	<b>A. Gardner Watson Lecture:</b> Physician well-being: Tools for preventing burnout	Moderator: Saama Sabeti Mamta Gautam
10:45	Q&A	
	<b>CATARACT SURGERY - HITTING THE TARGET</b>	
	<b>Pre-operative Planning Pearls</b>	
10:55	IOL power calculation - My best tips for accuracy	Moderator: Deepinder K Dhaliwal Guillermo Rocha
11:10	Special considerations in the patient with corneal pathology	Mahshad Darvish
11:25	Correcting astigmatism during cataract surgery	Rosa Braga-Mele
11:40	Q&A	
11:50-12:10	BREAK	
11:50-12:00	<b>Optional meditation session (during break)</b>	Erin Commendatore
	<b>Surgical Pearls</b>	
12:10	Secrets to success in cataract surgery	Moderator: Kashif Baig Joshua Teichman
12:25	Approaching cataract surgery in the post-traumatic eye: cases and pearls	Georges Durr
12:40	Q&A	
	<b>Post-operative Management</b>	
12:50	<b>Bryan Liddy Lecture:</b> The unhappy cataract patient: time to fix it!	Moderator: Deepinder K Dhaliwal Nicole Fram
1:10	Retinal complications post-cataract surgery - prevention and management	Michael Dollin
1:25	Q&A	All panelists
	<b>UPDATE IN REFRACTIVE SURGERY</b>	
1:35	What's new in refractive surgery	Moderator: Saama Sabeti Kashif Baig
1:55	Q&A	

<b>PHYSICIAN HEAL THYSELF</b>		
2:00	Nutrition and weight training: Increasing focus and endurance	Moderator: Kashif Baig Rosa Braga-Mele
2:10	<b>Sally Letson Lecture:</b> Ergonomic Considerations in Ophthalmology	Deepinder K. Dhaliwal
2:30	Q&A	
2:35-3:00	BREAK	
2:35-3:00	<b>Optional Yoga (during break)</b>	Basia Going
<b>PEARL JAM - Subspecialty Pearls Applicable to the Comprehensive Ophthalmologist</b>		
<b>3:00-3:30</b>	<b>OCULOPLASTICS</b>	Moderator: Michel Belliveau
	Oculoplastics Calibration: pearls to fine-tune diagnosis and management	Michel Belliveau Evan Kalin-Hajdu
	Q&A / Panel Discussion	
<b>3:30-4:00</b>	<b>CORNEA AND EXTERNAL DISEASE</b>	Moderator: Setareh Ziai Clara Chan
	Cornea Pearls: What Not to Miss	
	Q&A / Panel Discussion	
<b>4:00-4:30</b>	<b>GLAUCOMA</b>	Moderator: Garfield Miller
	Glaucoma: fresh, new, and due for review	
	Q&A / Panel Discussion	Balwantray Chauhan
	Imaging and Perimetry	
	Lasers and Medications	Delan Jinapriya
	Surgery	Devesh Varma
<b>4:30-5:00</b>	<b>NEURO-OPHTHALMOLOGY</b>	Moderator: Danah Albreiki
	Cases you do NOT want to miss in Neuro-ophthalmology	Danah Albreiki Rahul Sharma
	Q&A / Panel Discussion	
<b>5:00-5:30</b>	<b>PEDIATRICS/STRABISMUS</b>	Moderator: Michael O'Connor Yi Ning Strube
	You too can see kids in your busy practice!	
	Q&A / Panel Discussion	
<b>5:30-6:00</b>	<b>RETINA AND UVEITIS</b>	Moderator: Adam McLaughlin Adam McLaughlin
	OCT Tips and Pearls	
	Q&A / Panel Discussion	
6:00	Closing Remarks	Kashif Baig

*Preliminary program schedule is subject to change*