

52nd **SALLYLETSON** SYMPOSIUM

Focusing In: Ophthalmology and Wellness Practice Pearls

September 11th, 2021

Virtual Symposium

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*Presented by the
Sally Letson Foundation
and the
Ottawa Eye Institute*



SALLYLETSON
FOUNDATION

General Information

To register for the Sally Lestson Symposium, click on the following link: <https://cos.imiscloud.com/>

Note, we have launched a new platform site for COS membership and registration. If you have not already set-up your account on the new platform, please click the "forgot username" on the login page, enter your email address we have on file for you and click "submit". You will receive an email with your username. Once your username is created, return to the sign in page and click "forgot password". An email will be sent (check your spam folder as well), and use the link provided to create your password.

If the system cannot locate your email address, please contact Rita Afeltra at rafeltra@cos-sco.ca.

Registration Fees

www.cosprc.ca/52nd-sally-letson-symposium

2021 Sally Letson Registration Fees

Participant	Fees
Ophthalmologist	\$200
Physician	\$200
Optometrist	\$200
Allied health personnel (nurse, assistant, technician, orthoptist, PhD researcher)	\$125
Resident/Fellow	\$125
Medical student (proof required: i.e., student card or letter from supervisor)	\$100
Industry representative (additional representative registrations passes for sponsors)	\$225

Fees do not include taxes. Applicable taxes will be added to all registration fees. No refunds.

Sponsors

The Sally Letson Symposium gratefully acknowledges the participation of the following sponsors, each of which has provided an unrestricted educational grant in support of the program.

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We look forward to seeing you online
September 11, 2021 for the
52nd Sally Letson Symposium.



Access to Virtual Symposium

In advance of the symposium registered delegates will be emailed their username and password with a link to access the live meeting platform. Please use the email address COS has on file for you when you registered.

Continuing Professional Development

The 52nd Sally Letson Symposium will consist of a full-day virtual program focused on clinical and surgical pearls in ophthalmology, with applications to both general and subspecialty practice. Part One of the program will review key concepts pertaining to cataract surgery, including preoperative planning and IOL selection, management of comorbidities presenting with cataract, intraoperative techniques applicable to standard and challenging cases, and postoperative management, as well as an overview of current technologies in the field of refractive surgery. Part Two of the program entitled 'Pearl Jam' will cover high-yield subspecialty topics in Oculoplastics, Cornea and External Disease, Glaucoma, Neuro-Ophthalmology, Retina/Uveitis, and Paediatric Ophthalmology and Strabismus. This 'Pearl Jam' will highlight key points relevant to the comprehensive ophthalmology practice.

Guest speakers at the Symposium will include an esteemed cohort of experts in the vanguard of their respective fields who will guide attendees through current best practices in the diagnosis and management of important "conditions not to miss". Special sessions will also be dedicated to physician well-being and prevention of burnout, aiming to empower physicians with effective tools to better care for themselves and their patients. Multiple high-yield educational formats, including didactic lectures, panel discussions, and case-based presentations will be employed in a virtual environment that will encourage audience interaction and foster critical thinking.

Target Audience

The 52nd Sally Letson Symposium, **Focusing In: Ophthalmology and Wellness Practice Pearls**, is designed for ophthalmologists, ophthalmology fellows and residents, optometrists, medical students, technicians, nurses, and other allied health professionals.

Learning Objectives

At the end of the symposium, participants will be able to:

- Describe and learn to put into practice tools for self-healing and prevention of burnout
- Describe key considerations to be addressed during cataract surgery planning, and employ strategies for preventing and managing complications of cataract surgery
- Describe refractive surgery indications, decision-making strategies, and techniques
- Develop an approach to diagnosis and management of important “conditions not to miss” which are often first encountered in a comprehensive ophthalmology practice and require referral to subspecialty services

CanMEDS Roles:

- Health Advocate
- Scholar

Accreditation

The 52nd Sally Letson Symposium, Focusing In: Ophthalmology and Wellness Practice Pearls is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification (MOC) Program of the Royal College of Physicians and Surgeons of Canada and approved by the Canadian Ophthalmological Society. Physicians may claim a maximum of 7.25 hours.

Through an agreement between the Royal College of Physicians and Surgeons of Canada (RCPSC) and the American Medical Association (AMA), physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the agreement between the RCPSC and the AMA can be found at: www.ama-assn.org/education/ama-pra-credit-system/agreement-royal-college-physicians-surgeons-canada

CPD Evaluation

Program evaluation is a required component of the Royal College of Physicians and Surgeon's MOC Program. A link to the overall meeting evaluation can be accessed from the meeting homepage. Additionally, you will be asked to complete a short evaluation at the end of each session you attend. A Certificate of attendance will be shared with you based on the sessions that you attend. Your feedback is valuable for the continuous improvement of the Sally Letson Symposium and is essential in developing a program that is relevant to your learning needs.

Symposium Organizers

The background of the page is a dark gradient, transitioning from a deep navy blue at the top to a rich, dark red at the bottom. Scattered across this background are numerous semi-transparent red circles of varying sizes, creating a bokeh effect. Interspersed among these circles are small, bright red star-like shapes, some of which have a slight trail or glow, giving the impression of distant stars or sparks.

Symposium Organizers

CHAIR

Deepinder K. Dhaliwal, MD, L.Ac

Deepinder K. Dhaliwal, MD, L.Ac, is a Professor of ophthalmology at the University of Pittsburgh School of Medicine, Chief of Refractive Surgery and the Director of the Cornea Service at the UPMC Eye Center. Dr. Dhaliwal has recently been appointed as the Co-director of the Corneal Stem Cell Task Force at the University of Pittsburgh and Vice Chair for Communication and Wellness in the department of ophthalmology. She also serves as the Director of the UPMC Laser Vision Center, and the Associate Medical Director of the Campbell Ophthalmic Microbiology Laboratory. Dr. Dhaliwal earned her medical degree from Northwestern University, and completed her residency in ophthalmology at the University of Pittsburgh Medical Center. She completed a fellowship in cornea and refractive surgery at the University of Utah.



CO-CHAIR

Saama Sabeti, MD, MPH

Dr. Saama Sabeti is a Cornea, Anterior Segment, Cataract and Refractive surgeon providing patient care at Precision Cornea Centre, Herzig Eye Institute, the University of Ottawa Eye Institute, and the Children's Hospital of Eastern Ontario.

Dr. Sabeti has a passion for clinical research and is currently the Research Fellowship Director at Precision Cornea Centre and a Clinician Investigator at the Ottawa Hospital Research Institute. She has longstanding interests in public health, health policy, and quality improvement, and currently serves as the Quality Improvement Lead for the Department of Ophthalmology at the University of Ottawa. Dr. Sabeti also has a strong passion for global health, with experience volunteering abroad in numerous countries. She is an intern alumnus of the World Health Organization Headquarters in Geneva as well as a Global Health Fellow alumnus of the Duke University Global Policy and Governance Program.

Dr. Sabeti completed her medical studies at the University of British Columbia, residency training at the University of Ottawa, fellowship training in Cornea and Anterior Segment at the Centre Hospitalier de l'Université de Montréal, and Master of Public Health degree at Harvard University.



Symposium Faculty



International Faculty

Nicole Fram, MD

Dr. Nicole Fram is a board-certified ophthalmologist specializing in refractive cataract surgery, corneal disease and complex cataract surgery. She is the managing partner of Advanced Vision Care and clinical instructor of ophthalmology at the Stein Eye Institute, UCLA. She completed her residency at Wills Eye Hospital, followed by a fellowship in cornea, refractive and external disease from UC San Francisco Francis I. Proctor Foundation. Academically, she has authored textbook chapters and articles on ophthalmology for peer-reviewed medical journals. Dr. Fram lectures nationally and internationally and enjoys teaching innovative surgical techniques to colleagues, residents and fellows.



Canadian Faculty

Danah Albreiki, MD Ottawa, Ontario	Michael Dollin, MD Ottawa, Ontario	Garfield Miller, MD Ottawa, Ontario
Kashif Baig, MD, MBA Ottawa, Ontario	Georges Durr, MD Montreal, Quebec	Guillermo Rocha, MD Brandon, MB
Michel Belliveau, MD Ottawa, Ontario	Mamta Gautam, MD Ottawa, Ontario	Rahul Sharma, MD Ottawa, Ontario
Rosa Braga-Mele, MEd, MD Toronto, Ontario	Evan Kalin-Hajdu, MD Outremont, Quebec	Yi Ning Strube, MD Kingston, Ontario
Clara Chan, MD Toronto, Ontario	Delan Jinapriya, MD Kingston, Ontario	Joshua Teichman, MD Toronto, Ontario
Balwantray Chauhan, PhD Halifax, NS	Michael O'Connor, MD Ottawa, Ontario	Devesh Varma, MD Oakville, Ontario
Mahshad Darvish, MD Montreal, Quebec	Adam McLaughlin, MD Ottawa, Ontario	Setareh Ziai, MD Ottawa, Ontario

Scientific Program



Saturday, September 11, 2021

Virtual Symposium

TIME (EST)	PRESENTATION TITLE	SPEAKER
9:45	Welcome	Kashif Baig
9:50	Introduction to conference	Deepinder K. Dhaliwal and Saama Sabeti
9:55	Dedication to Dr. Brian Leonard	Kashif Baig
PHYSICIAN HEAL THYSELF		Moderator: Saama Sabeti
10:05	A. Gardner Watson Lecture: Physician well-being: Tools for preventing burnout	Mamta Gautam
10:45	Q&A	
CATARACT SURGERY - HITTING THE TARGET		
PRE-OPERATIVE PLANNING PEARLS		Moderator: Deepinder K Dhaliwal
10:55	IOL power calculation - My best tips for accuracy	Guillermo Rocha
11:10	Special considerations in the patient with corneal pathology	Mahshad Darvish
11:25	Correcting astigmatism during cataract surgery	Rosa Braga-Mele
11:40	Q&A	
11:50-12:10	BREAK	
11:50-12:00	Optional meditation session (during break)	Erin Commendatore

TIME (EST)	PRESENTATION TITLE	SPEAKER
SURGICAL PEARLS		MODERATOR: Kashif Baig
12:10	Secrets to success in cataract surgery	Joshua Teichman
12:25	Approaching cataract surgery in the post-traumatic eye: Cases and pearls	Georges Durr
12:40	Q&A	
POST-OPERATIVE MANAGEMENT		MODERATOR: Deepinder K Dhaliwal
12:50	Bryan Liddy Lecture: The unhappy cataract patient: Time to fix it!	Nicole Fram
1:10	Retinal complications post-cataract surgery - prevention and management	Michael Dollin
1:25	Q&A	
UPDATE IN REFRACTIVE SURGERY		MODERATOR: Saama Sabeti
1:35	What's new in refractive surgery	Kashif Baig
1:55	Q&A	
PHYSICIAN HEAL THYSELF		Moderator: Kashif Baig
2:00	Nutrition and weight training: Increasing focus and endurance	Rosa Braga-Mele
2:10	Sally Letson Lecture: Ergonomic Considerations in Ophthalmology	Deepinder K. Dhaliwal
2:30	Q&A	
2:35-3:00	BREAK	
2:35-3:00	Optional Yoga (during break)	Basia Going

TIME (EST)	PRESENTATION TITLE	SPEAKER
PEARL JAM - Subspecialty Pearls Applicable to the Comprehensive Ophthalmologist		
3:00-3:30	OCULOPLASTICS	
Oculoplastics Calibration: Pearls to fine-tune diagnosis and management		Moderator: Michel Belliveau Evan Kalin-Hajdu
Q&A / Panel Discussion		
3:30-4:00	CORNEA AND EXTERNAL DISEASE	
Cornea Pearls: What Not to Miss		Moderator: Setareh Ziai Clara Chan
Q&A / Panel Discussion		
4:00-4:30	GLAUCOMA	
Glaucoma: Fresh, new and due for review		Moderator: Garfield Miller Balwantray Chauhan Delan Jinapriya Devesh Varma
Q&A / Panel Discussion		

TIME (EST)	PRESENTATION TITLE	SPEAKER
PEARL JAM - Subspecialty Pearls Applicable to the Comprehensive Ophthalmologist		
4:30-5:00	NEURO-OPHTHALMOLOGY	
Cases you do NOT want to miss in Neuro-ophthalmology		Moderator: Danah Albreiki Rahul Sharma
Q&A / Panel Discussion		
5:00-5:30	PEDIATRICS/STRABISMUS	
You too can see kids in your busy practice!		Moderator: Michael O'Connor Yi Ning Strube
Q&A / Panel Discussion		
5:30-6:00	RETINA AND UVEITIS	
OCT Tips and Pearls		Moderator: Adam McLaughlin
Q&A / Panel Discussion		
6:05	Closing Remarks	Kashif Baig

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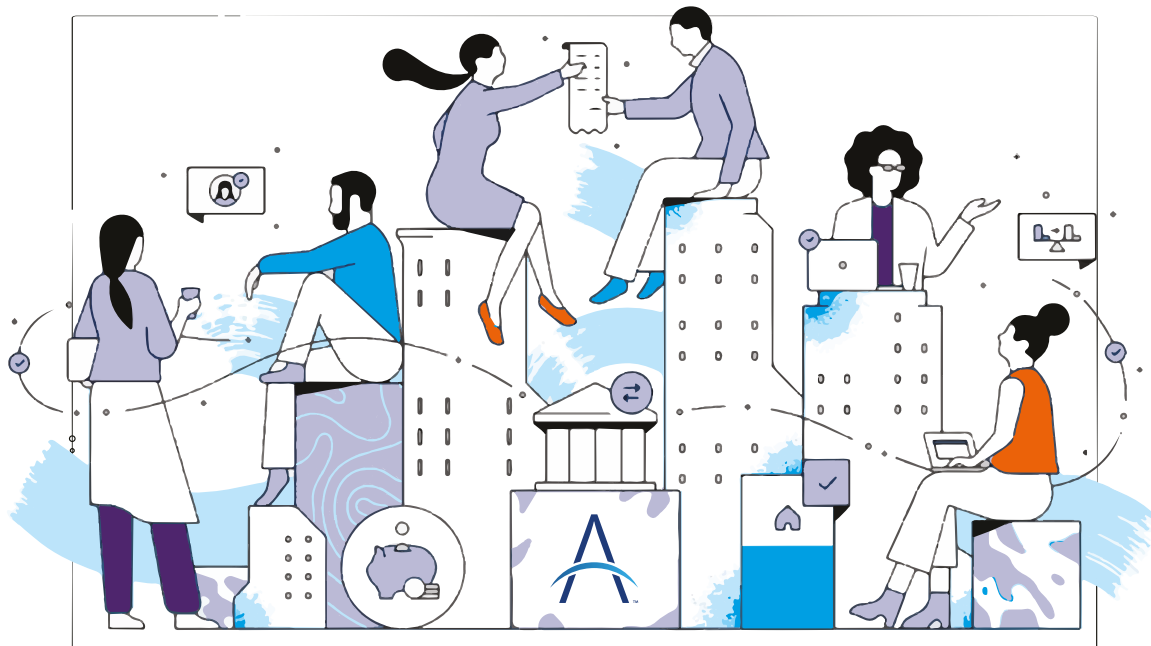
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53rd SALLY LETSON SYMPOSIUM

SAVE *the* DATE!

SEE YOU IN OTTAWA SEPTEMBER 8-10, 2022

