

IN-PERSON CPD CONFERENCE

Hamilton Regional Eye Institute, in
association with the Dr. Paul Stringer
Memorial Lectureship presents,

Clinical Day in Ophthalmology 2026

“From Basics to Breakthroughs: Navigating the
Spectrum of Cataract Surgery”

Target Audience: Ophthalmologists, General Practitioners, Family Physicians,
Emergency Physicians, Optometrists, Primary Health Care Nurse Practitioners, Adult
Care Nurse Practitioners, Residents, Students, and Other Health Professionals.

For Information

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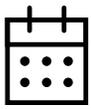
Register Online

cpd.healthsci.mcmaster.ca/ophthalmology-2026

For registration questions and information:
(905) 525-9140 x 20763 | AskCPD@mcmaster.ca



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Agenda

*Agenda is subject to change.

Time	Talk	Speaker
07:00–08:00	Breakfast and Registration	—
08:00–08:10	Welcome and Opening Remarks	—
Section 1: Innovations and Improvements in Cataract Surgery		
08:10–08:45	Paul Stringer Named Lecture: Frugal Innovation in Cataract Surgery – Tackling Our Greatest Challenges	Dr. David Chang
08:45–09:05	An Update on New Technology and Techniques in Cataract Surgery	Dr. Rosa Braga-Mele
09:05–09:20	Updates on FLACS and ISBCS	Dr. Steve Arshinoff
09:20–09:35	The Economics of Ergonomics: Strength Training, Nutrition Choices, and Ergonomics for Longevity in the Operating Room	Dr. Rosa Braga-Mele
09:35–09:50	Roundtable Discussion: Methods to Increase Efficiency in Cataract Surgery	Various Speakers
09:50–10:05	<i>Question and Answer</i>	Panel
10:05–10:20	Break	—
Section 2: Everything Refractive – Aiming for 20/20		
10:20–10:35	Managing Patient Expectations and Informed Consent in Cataract Surgery	Dr. Amber Sheikh
10:35–10:50	Presbyopia-Correcting IOLs: Pearls for Patient Counseling	Dr. David Chang
10:50–11:05	Management of the Postoperative Surprise Result: Zap, Rotate, or Exchange It	Dr. Elizabeth Yeu
11:05–11:20	Video Lecture: IOL Exchange Pearls, Considerations, and Watch-Outs	Dr. Elizabeth Yeu
11:20–11:35	<i>Question and Answer</i>	Panel
11:35–12:45	Lunch	—
Section 3: Cataracts and Ocular Comorbidities		
12:45–13:05	Anterior Segment Considerations and Cataract Surgery	Dr. Mark Fava
13:05–13:20	Uveitis and Cataract Surgery	Dr. Brian Chan
13:20–13:35	Glaucoma Considerations for Cataract Surgery	Dr. Toby Chan
13:35–13:50	<i>Question and Answer</i>	Panel
Section 4: Navigating Complex Cataracts and Complications		
13:50–14:05	Approach to Dense Cataract	Dr. Toby Chan
14:05–14:20	Small Pupil Management	Dr. Rosa Braga-Mele
14:20–14:40	“In Between the Edits”: Running Into the Unexpected Surgical Challenges With Complex Surgeries	Dr. Elizabeth Yeu
14:40–14:55	Phaco With Zonulopathy: My Best Teaching Videos	Dr. David Chang
14:55–15:05	Updates on Intracameral Moxifloxacin	Dr. Steve Arshinoff
15:05–15:25	<i>Question and Answer</i>	Panel
15:25–15:40	Break	—
Section 5: Debates in Cataract Surgery		
15:40–16:20	Debates in Cataract Surgery: This or That	Various Speakers
16:20–16:35	<i>Question and Answer</i>	Panel
16:35–16:40	Closing Remarks	—